

# RESUME ACTION VERBS

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Action verbs help bring your resume to life by painting a picture for the reviewer, and affirming your skills. Begin each bullet point statement or phrase with an action verb that points the reader to the skill you are trying to highlight.

## WHEN YOU CREATED OR WROTE SOMETHING...

Acted, Adapted, Combined, Composed, Conceptualized, Condensed, Created, Customized, Designed, Developed, Devised, Directed, Displayed, Entertained, Established, Fashioned, Formulated, Founded, Illustrated, Initiated, Instituted, Integrated, Introduced, Invented, Modeled, Modified, Originated, Performed, Photographed, Planned, Revised, Revitalized, Shaped, Solved

## WHEN YOU WERE A RESEARCH MACHINE...

Analyzed, Clarified, Collected, Compared, Conducted, Critiqued, Detected, Determined, Diagnosed, Evaluated, Examined, Experimented, Explored, Extracted, Formulated, Gathered, Identified, Inspected, Interpreted, Interviewed, Invented, Investigated, Located, Measured, Organized, Researched, Reviewed, Searched, Solved, Summarized, Surveyed, Systematized

## WHEN YOU MANAGED A PROJECT OR GROUP...

Accomplished, Administered, Advanced, Analyzed, Appointed, Approved, Assigned, Attained, Authorized, Chaired, Considered, Consolidated, Contracted, Controlled, Converted, Coordinated, Decided, Delegated, Developed, Directed, Eliminated, Emphasized, Enforced, Enhanced, Established, Executed, Generated, Handled, Headed, Hired, Hosted, Improved, Incorporated, Increased, Initiated, Inspected, Instituted, Led, Managed, Merged, Motivated, Navigated, Organized, Originated, Overhauled, Oversaw, Planned, Presided, Prioritized, Produced, Recommended, Reorganized, Replaced, Restored, Reviewed, Scheduled, Secured, Selected, Streamlined, Strengthened, Supervised, Terminated

## WHEN YOU CREATIVELY BROUGHT AN IDEA TO LIFE...

Acted, Adapted, Combined, Composed, Conceptualized, Condensed, Created, Customized, Designed, Developed, Devised, Directed, Displayed, Entertained, Established, Fashioned, Formulated, Founded, Illustrated, Initiated, Invented, Modeled, Modified, Originated, Performed, Photographed, Planned, Revised, Revitalized, Shaped, Solved

### **WHEN NUMBERS AND FIGURES ARE YOUR THING...**

Administered, Adjusted, Allocated, Analyzed, Appraised, Assessed, Audited, Balanced, Budgeted, Calculated, Computed, Conserved, Controlled, Corrected, Decreased, Determined, Developed, Estimated, Forecasted, Managed, Marketed, Measured, Netted, Planned, Prepared, Programmed, Projected, Qualified, Reconciled, Reduced, Researched, Retrieved

### **WHEN YOU HELPED WITH A PROJECT...**

Adapted, Advocated, Aided, Answered, Arranged, Assessed, Assisted, Clarified, Coached, Collaborated, Contributed, Cooperated, Counseled, Demonstrated, Diagnosed, Educated, Encouraged, Ensured, Expedited, Facilitated, Familiarized, Furthered, Guided, Helped, Insured, Intervened, Motivated, Prevented, Provided, Referred, Rehabilitated, Represented, Resolved, Simplified, Supplied, Supported, Volunteered

### **WHEN YOU NEEDED TO EXPLAIN TECHNICAL EXPERTISE...**

Adapted, Applied, Assembled, Built, Calculated, Computed, Conserved, Constructed, Converted, Debugged, Designed, Determined, Developed, Engineered, Fabricated, Fortified, Installed, Maintained, Operated, Overhauled, Printed, Programmed, Rectified, Regulated, Remodeled, Repaired, Replaced, Restored, Solved, Specialized, Standardized, Studied, Upgraded, Utilized

### **WHEN YOU WERE THE TEACHER...**

Adapted, Advised, Clarified, Coached, Communicated, Conducted, Coordinated, Critiqued, Developed, Enabled, Encouraged, Evaluated, Explained, Facilitated, Focused, Guided, Individualized, Informed, Installed, Instructed, Motivated, Persuaded, Simulated, Stimulated, Taught, Tested, Trained, Transmitted, Tutored

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ADAPTED FROM UNIVERSITY OF COLORADO BOULDER AND MASSACHUSETTS INSTITUTE OF TECHNOLOGY

MIT. N.D. "RESUME ACTION VERBS." CAREER ADVISING & PROFESSIONAL DEVELOPMENT | MIT.  
[HTTPS://CAPD.MIT.EDU/RESOURCES/RESUME-ACTION-VERBS/](https://capd.mit.edu/resources/resume-action-verbs/).

UNIVERSITY OF COLORADO. N.D. "ACTION VERBS TO USE ON YOUR RESUME." CAREER SERVICES.  
[HTTPS://WWW.COLORADO.EDU/CAREER/JOB-SEARCHING/RESUMES-AND-COVER-LETTERS/RESUMES/ACTION-VERBS-USE-YOUR-RESUME](https://www.colorado.edu/career/job-searching/resumes-and-cover-letters/resumes/action-verbs-use-your-resume).

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