



NSCC Guided Pathway

NONCREDIT PROGRAM

2018-19

Personal Fitness Trainer Certification (XPF) – Personal Services Pathway Certification Training • Corporate and Professional Education Division

Course Number	Course Title	Hours	CPL into this Program	CPL into Credit Program
PSS210	Personal Fitness Trainer Certification	62		

Program Notes

- ITA eligible
- Comprised of 16-hours of lecture, 16-hours of hands-on practical training and a 30-hour internship
- Day, evening, or weekend program

Campus Information

- Danvers and Lynn campuses
- Required internship hours are scheduled at local fitness facilities and may vary from classroom hours.

Additional Requirements

- High School diploma or equivalent is recommended
- In order to stay current those working in the field must update their CPR/AED certification every two years.

How to Register

Students must pay in full for each course at the time registration.

Ways to Register

-  **By Phone** – Call (978) 236-1200 with Visa, MasterCard, or Discover card number between 9:00 - 5:00 Monday through Friday
-  **By Mail** – Send a completed registration form along with payment to: North Shore Community College, Enrollment & Records Office, 1 Ferncroft Road, Danvers, MA 01923
-  **By Fax** – Fax a completed registration form with Visa, MasterCard, or Discover card number to (978) 762-4015
-  **In Person** – Visit the Lynn or Danvers Enrollment Center with your completed registration form along with payment: Visa, MasterCard, Discover card, check, or money order

Advising Notes

- This program is intended upon completion to prepare a student for the World Instructor Training Schools (W.I.T.S) Personal Fitness Trainer Certification Exam. Upon scoring high enough on this exam, students are eligible for entry level employment as a personal trainer. www.witseducation.com
- If you have interest in continuing your education the healthcare field, contact a nursing and allied health pathway advisor to learn about additional educational opportunities at NSCC.
- We strongly recommend students take the Accuplacer Placement Exam in the Center for Alternative Studies and Educational Testing prior to registration for advising purposes. www.northshore.edu/cas/testing/computerized_placement.html

LABOR MARKET OUTLOOK* masscis.intocareers.org

Median Level Wages:	\$30,820 - \$52,400	
10 Year Projected Growth:	United States:	8.4%
	Massachusetts:	7.7%
	Metro North:	9.8%

*Data from Massachusetts Career Information Systems



**Congratulations on
Completing the Program!**