



RESOURCES TO SUPPORT STUDENT MENTAL HEALTH AND WELLNESS

How to Handle Concerning Situations

Remain calm.

View the situation with empathy first. Keep personal reaction/emotions out of it.

Keep communication simple & direct. Keep voice low, slow & steady.

Be aware of body language & personal space.

Think positively –
What CAN I do to help?

Can someone else help?
Inform your Supervisor.
Alert Student At Risk (SAR)
team as necessary.
(Information on next page)

Safety - you/others

NSCC Police

781-477-2100

If student is **on campus** call 781-477-2100

If student is **off campus** please call 911

Student accommodations concerns or student may need assistance for a disability

Accessibility Services

781-477-2134

or refer to northshore.edu/accessibility

Health/Hunger

Student Engagement

781-477-2164

or refer to northshore.edu/heretohelp

Mental Health/Consultation

Dean of Students

781-477-2164 or refer to

Telehealth (*information on next page*) or

Email: counseling@northshore.edu

Behavior/Disruption

Dean of Students

781-477-2164

email: deanofstudents@northshore.edu

If unavailable,

call NSCC Police at 781-477-2100

SUICIDE PROTOCOL

**If a student is at imminent risk
of self-harm or suicide
(has a "plan" to harm oneself)**

If student is on campus call 781-477-2100
If student is off campus please call 988

**If you have knowledge that a
student has attempted suicide
while enrolled at NSCC or prior**

Call Dean of Students at 781-477-2164.
Email: deanofstudents@northshore.edu
If unavailable, call NSCC Police at 781-477-2100.

**If a student has suicidal ideation
(thoughts about harming oneself
but does not have a "plan")**

Call Dean of Students at 781-477-2164.
Email: deanofstudents@northshore.edu
If unavailable, call NSCC Police at 781-477-2100.



STUDENT SUPPORT

STUDENT AT RISK TEAM

How to report a concern to the Student at Risk Team

Options to report:

Report online via
Dean of Students webpage:
northshore.edu/engagement/dos

Report in person to the
Dean of Students Office
Lynn: LW-171/LW126
Danvers: DB-132

Call the Dean of Students at
781-477-2164.

Email the Dean of Students at
deanofstudents@northshore.edu

Contact any member of the
Student At Risk team via
phone or email.
See contact chart below.

Outside of normal business hours (M-F 9am-4pm) or
if imminent situation,
contact NSCC Police

EMERGENCY

781-477-2100
or 911

non-emergency

978-762-6209

N. Bonie Williamson	Dean of Students LW-126/DB-132	781-477-2164	nbagchiw@northshore.edu
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Susan Graham	Director, Accessibility Services DH-167	978-762-4373	sgraham@northshore.edu
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Ronald Smith	Interim Dean, Human Services LS-324	781-477-2153	rsmith@northshore.edu
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David Cook	Chief, NSCC Police DS-124C	781-477-2126	dcook@northshore.edu
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Kevin Marshall	Lt., NSCC Police LE-137	781-477-2275	kmarshal@northshore.edu
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ADDITIONAL FACULTY/STAFF RESOURCES

Employee Assistance Program (EAP)	800-451-1834 www.mylifeexpert.com/login • Click "Create a new account with your company code" and enter Northshore
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NSCC Emergency Resources for Students	northshore.edu/support/center/emergency_resources.html
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Office of the Dean of Students webpage	northshore.edu/engagement/dos
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Here to Help Fund	northshore.edu/heretohelp
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Telehealth - LifeWorks MySSP	<p>MySSP Care Center: 866-743-7732 001-416-380-6578 (outside of North America & US territories) MySSP App: https://mysp.app/us/home</p> <div>  <p>Link can also be found on the MyNorthshore portal</p> </div>
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The LifeLine and 988	988 will directly route callers to the National Suicide Prevention LifeLine with trained counselors
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