

RESUME ACTION VERBS

Action verbs help bring your resume to life by painting a picture for the reviewer, and affirming your skills. Begin each bullet point statement or phrase with an action verb that points the reader to the skill you are trying to highlight.

WHEN YOU CREATED OR WROTE SOMETHING...

Acted, Adapted, Combined, Composed, Conceptualized, Condensed, Created, Customized, Designed, Developed, Devised, Directed, Displayed, Entertained, Established, Fashioned, Formulated, Founded, Illustrated, Initiated, Instituted, Integrated, Introduced, Invented, Modeled, Modified, Originated, Performed, Photographed, Planned, Revised, Revitalized, Shaped, Solved

WHEN YOU WERE A RESEARCH MACHINE...

Analyzed, Clarified, Collected, Compared, Conducted, Critiqued, Detected, Determined, Diagnosed, Evaluated, Examined, Experimented, Explored, Extracted, Formulated, Gathered, Identified, Inspected, Interpreted, Interviewed, Invented, Investigated, Located, Measured, Organized, Researched, Reviewed, Searched, Solved, Summarized, Surveyed, Systematized

WHEN YOU MANAGED A PROJECT OR GROUP...

Accomplished, Administered, Advanced, Analyzed, Appointed, Approved, Assigned, Attained, Authorized, Chaired, Considered, Consolidated, Contracted, Controlled, Converted, Coordinated, Decided, Delegated, Developed, Directed, Eliminated, Emphasized, Enforced, Enhanced, Established, Executed, Generated, Handled, Headed, Hired, Hosted, Improved, Incorporated, Increased, Initiated, Inspected, Instituted, Led, Managed, Merged, Motivated, Navigated, Organized, Originated, Overhauled, Oversaw, Planned, Presided, Prioritized, Produced, Recommended, Reorganized, Replaced, Restored, Reviewed, Scheduled, Secured, Selected, Streamlined, Strengthened, Supervised, Terminated

WHEN YOU CREATIVELY BROUGHT AN IDEA TO LIFE...

Acted, Adapted, Combined, Composed, Conceptualized, Condensed, Created, Customized, Designed, Developed, Devised, Directed, Displayed, Entertained, Established, Fashioned, Formulated, Founded, Illustrated, Initiated, Invented, Modeled, Modified, Originated, Performed, Photographed, Planned, Revised, Revitalized, Shaped, Solved

WHEN NUMBERS AND FIGURES ARE YOUR THING...

Administered, Adjusted, Allocated, Analyzed, Appraised, Assessed, Audited, Balanced, Budgeted, Calculated, Computed, Conserved, Controlled, Corrected, Decreased, Determined, Developed, Estimated, Forecasted, Managed, Marketed, Measured, Netted, Planned, Prepared, Programmed, Projected, Qualified, Reconciled, Reduced, Researched, Retrieved

WHEN YOU HELPED WITH A PROJECT...

Adapted, Advocated, Aided, Answered, Arranged, Assessed, Assisted, Clarified, Coached, Collaborated, Contributed, Cooperated, Counseled, Demonstrated, Diagnosed, Educated, Encouraged, Ensured, Expedited, Facilitated, Familiarized, Furthered, Guided, Helped, Insured, Intervened, Motivated, Prevented, Provided, Referred, Rehabilitated, Represented, Resolved, Simplified, Supplied, Supported, Volunteered

WHEN YOU NEEDED TO EXPLAIN TECHNICAL EXPERTISE...

Adapted, Applied, Assembled, Built, Calculated, Computed, Conserved, Constructed, Converted, Debugged, Designed, Determined, Developed, Engineered, Fabricated, Fortified, Installed, Maintained, Operated, Overhauled, Printed, Programmed, Rectified, Regulated, Remodeled, Repaired, Replaced, Restored, Solved, Specialized, Standardized, Studied, Upgraded, Utilized

WHEN YOU WERE THE TEACHER...

Adapted, Advised, Clarified, Coached, Communicated, Conducted, Coordinated, Critiqued, Developed, Enabled, Encouraged, Evaluated, Explained, Facilitated, Focused, Guided, Individualized, Informed, Installed, Instructed, Motivated, Persuaded, Simulated, Stimulated, Taught, Tested, Trained, Transmitted, Tutored

ADAPTED FROM UNIVERSITY OF COLORADO BOULDER AND MASSACHUSETTS INSTITUTE OF TECHNOLOGY

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[HTTPS://CAPD.MIT.EDU/RESOURCES/RESUME-ACTION-VERBS/](https://capd.mit.edu/resources/resume-action-verbs/).

UNIVERSITY OF COLORADO. N.D. "ACTION VERBS TO USE ON YOUR RESUME." CAREER SERVICES.
[HTTPS://WWW.COLORADO.EDU/CAREER/JOB-SEARCHING/RESUMES-AND-COVER-LETTERS/RESUMES/ACTION-VERBS-USE-YOUR-RESUME](https://www.colorado.edu/career/job-searching/resumes-and-cover-letters/resumes/action-verbs-use-your-resume).
