

# Nutritional Science & Diet Technology (NSD)

## First Year

		Fall	Spring	
			Cr	Cr
BIO108	<b>Note 1</b> The Body in Health and Disease	_____	3	
CFS114	Food Safety and Sanitation	_____	3	
CMP101	Composition 1	_____	3	
DTC102	The Science of Nutrition	_____	3	
CHE101/102	Introductory Chemistry 1 & 2	_____	4	4
BUS100	Introduction to Business			3
CMP102-150	Composition 2 Elective			3
CPS100	<b>Note 2</b> Information Technology and Its Applications			3
DTC208	Nutrition for the Life Cycle			4
Total Semester Credits:			16	17

## Second Year

		Fall	Spring	
			Cr	Cr
BEH-ELECTIVE	Behavioral Science Elective(s)	_____	3	
DTC-ELECTIVE	<b>Note 3</b> Nutrition Science Directed Elective	_____	3	
DTC202	Food Preparation	_____	3	
FSN104	Technology of Food Processing	_____	3	
DTC204	Introduction to Dietary Management			4
DTC206	Introduction to Clinical Dietetics			4
FSN202	Food Chemistry			4
MGT201	Human Resource Management			3
SPE102/104	Speech or Small Group Communication			3
Total Semester Credits:			12	18

Total Program Credits: **63**

## Requirement Notes

- Students transferring to four year institutions should take Anatomy and Physiology, BIO211 and BIO212. BIO211 and BIO212 satisfy the requirement of BIO108.
- May be fulfilled by challenge exam and 3 liberal arts credits.
- Students may select from the following: FSN124 HACCP or other Food Science Course, BIO 214 Introduction to Microbiology, MAT143 Statistics, IDS150 Herbal Pharmacology, IDS156 Cultural History of Food, IDS126 Exploring the Brain/Mind, IDS148 Yoga, Meditation, Stress Management, ALH150 The Dynamics of Health Care, ALH156 Interpersonal Skills for Health Professionals, CFS228 Food Beverage and Cost Control, MKT101 Marketing, MGT102 Principles of Management.

## Program Information

- Communications and Mathematics proficiencies required to graduate.
- See guided pathway sheets for advising information specific to your area of focus.

## Additional Information

Please visit [www.northshore.edu/academics/programs](http://www.northshore.edu/academics/programs) for more information about this Program of Study.